



# **Rights and Responsibilities Brochure**

What are your rights and responsibilities?



This document tells you about **your rights and responsibilities**.



**Australian laws** respect the rights of people with disability. The laws say you:

- should be **included in community life**
- have the **same rights** as all other Australians.



**What are your human rights?**



You should be:

- **safe** in your home and anywhere else
- treated with **respect**
- part of your cultural **community**.



You should be able to:

- **participate** in your **religion**
- express your **sexuality**
- communicate in your family's **language**.



When **working with FerFit Dietetics and Nutrition** and other disability support providers you also have **rights**.





You have the right to:

- receive good quality services
- tell us what you want
- choose the type of support worker you want
- make your own choices.



You also have the right to:

- be safe
- get help when you need it
- try new things and take risks.



**How does FerFit Dietetics and Nutrition respect your rights?**



FerFit Dietetics and Nutrition will:

- keep you **safe**
- show you **respect and respect your privacy**
- **treat you well**
- **help you** make your own choices
- **listen to you**
- **involve your family, advocate and other support carers** (if you want us to).



We will also:

- ask you to tell us **what supports you want and the type of worker you need**
- keep your **personal information private.**



We can also help you find an advocate if you need one.



You can safely:

- **make complaints** and provide feedback to us
- tell us you want to use another provider.



We will **follow your instructions**, unless we feel that you may get hurt.

We will then talk to you and your advocate/family about any risks involved to help you make a safe decision.



We also make sure our support workers follow our Service **Charter of Rights.**